



San Pasqual High School Student Bulletin



Wednesday January 10, 2018 / Traditional Day

SPORT	OPPONENT	LOCATION	GAME TIME	RELEASE TIME
JV / V Girls Basketball	Rancho Bernardo	Home	5:30pm / 7:00pm	

Club Meetings:

- ❖ **Pre-season practice for Boys Golf will take place at the Vineyard putting green tomorrow, Thursday, at 3:00pm. Anyone interested in trying out is encouraged to attend. See Coach Silva in room 307 for more information.**
- **Flu season is here!!**
Simple steps can reduce your risk for the flu:
 - It is best to wash your hands often and for 20 seconds
 - use hand sanitizer if water not available
 - stay away from sick people
 - avoid touching your eyes, nose, and mouth
 - routinely clean commonly touched surfaces
 - Cover your cough by coughing into your elbow.**Stay home when you are sick. Get rest.**
 - The best protection against the flu is to get vaccinated.
- **Did you know the Library has Gelpens, mechanical pencils & regular pens for sale?**
The cost is only \$.50 per item
Stop by & pick up a few, share them with your friends...
- **Do you want to learn how to ski or snowboard? Do you just want to get extra days on the slopes this Winter? Then come learn about the 4 skiing and snowboarding trips the SP Ski and Snowboard club will be taking this winter! Spots are filling up fast, but there is still room for you and your friends to join! Come to the woodshop today during lunch to find out more information. Today...Lunchtime...Room 502 (the woodshop) ...sign up for epic trips to the snow!**

Have a great day Eagles. Remember United We Soar!

**San Pasqual Golden Eagles know our ABC's, we are
Academically Engaged
Behaving Positively**